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DOMAIN: WORKSPACE AND INTEGRATION METHODS (WI)

Question: In our practice	Scoring Criteria	Example(s)	Response Options
WI1			☐ 0% (Never)
behavioral health and medical	Number of patients with active	Collaboration could include meetings,	□ 10%
clinicians actively collaborate about	collaboration	discussions, or messaging that goes	□ 20%
patients when needed.		beyond the routine sharing of the	□ 30%
	Number of patients with behavioral	medical record.	□ 40%
	health and medical needs		□ 50%
			□ 60%
			□ 70%
			□ 80%
			□ 90%
			☐ 100% (Always)
WI2			□ 0% (Never)
patients' medical AND behavioral	Number of patients whose records	Medical and behavioral health	□ 10%
health documentation are	are shared with both medical and	clinicians use the same electronic	□ 20%
shared with both medical and	behavioral health clinicians	record.	□ 30%
behavioral health clinicians.			□ 40%
	Number of unique patients in the		□ 50%
	practice		□ 60%
			□ 70%
			□ 80%
			□ 90%
			☐ 100% (Always)
WI3			□ 0% (Never)
behavioral health and medical	Number patients with shared	A shared treatment plan may be a list	□ 10%
clinicians work from shared	treatment plan	of active problems requiring	□ 20%
treatment plans for patients with		integrated services and coordinated	□ 30%
behavioral health and medical needs.	Number patients with behavioral	plans to be delivered by each team	□ 40%
	health and medical needs	member. Shared treatment plans	□ 50%
		may include patient preferences and	□ 60%
		goals. Shared treatment plans may	□ 70% □ 2004
		be part of the overall problem list, a	□ 80%
		separate document, or a template.	□ 90%
			□ 100% (Always)

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WI4 behavioral health and medical clinicians typically work in	Please choose the best descriptor of your practice:		 □ Different buildings, or our practice does not include behavioral health clinicians □ Different floors of the same building □ Different offices on the same floor □ Different sections of the same office □ Same sections of the same office
WI5 behavioral health and medical clinicians jointly attend educational activities.	Describe the joint activities in your practice:	Seminars, case presentations, and lectures about topics applicable to both behavioral health and medical concerns. Include didactics intended for students, residents, and fellows in your estimate.	 □ No educational activities, or our practice does not include behavioral health clinicians □ Educational activities are provided to behavioral health and medical clinicians separately □ Rare educational activities with both medical and behavioral health clinicians □ Occasional educational activities with both medical and behavioral health clinicians □ Frequent, regular educational activities with both medical and behavioral health clinicians

DOMAIN: PATIENT IDENTIFICATION (ID)

Question: In our practice	Scoring Criteria	Example(s)	Response Options
ID1			☐ 0% (Never)
we screen adults for at least one	Number of patients screened for	Validated measures may include the	□ 10%
mental health concern with a	mental health concerns	GAD-7, PHQ-9, and others.	□ 20%
validated tool.			□ 30%
	Number of unique patients seen in		□ 40%
	the practice		□ 50%
	·		□ 60%
			□ 70%
			□ 80%







ID2 we screen adults for at least one lifestyle behavior concern. ID3 we screen adults for at least one substance use disorder concern with a validated tool.	Number of patients screened for at least one lifestyle behavior concern Number of unique patients seen in the practice Number of patients screened for at least one substance use disorder Number of unique patients seen in the practice	Lifestyle behaviors may include diet, physical activity, sedentary behavior, sleep, or other domains. Substance use may include alcohol, marijuana, tobacco, illicit drugs, and misusing prescription drugs. Validated measures may include the AUDIT, DAST, and others.	□ 90% □ 100% (Always) □ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always) □ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)
we regularly review retrospective clinical or other patient data from across our practice to identify patients who may need behavioral health services.		Reviews may use medical records, lab reports, billing data, registries, or other data sources about your practice's patients.	□ Never□ Rarely□ Sometimes□ Usually□ Always







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DOMAIN: CLINICAL SERVICES (CS)

Question: In our practice	Scoring Criteria	Example(s)	Response Options
CS1			☐ 0% (Never)
we provide behavioral (non-	Number of hours behavioral health	Counseling, assessment, or coaching	□ 10%
pharmacologic) care for patients	(non-pharmacologic) care is available	provided in person, by phone, or	□ 20%
with behavioral health needs.		video (Do not include crisis services).	□ 30%
	Number of hours the clinic is open		□ 40%
			□ 50%
			□ 60%
			□ 70%
			□ 80%
			□ 90%
			☐ 100% (Always)
CS2			☐ 0% (Never)
we provide behavioral (non-	Number of hours behavioral health	Counseling provided in person, by	□ 10%
pharmacologic) care for patients	(non-pharmacologic) care for patients	phone, or video for patients with	□ 20%
with Serious Mental Illness (SMI).	with Serious Mental Illness (SMI) is	schizophrenia, bipolar disorder, etc.	□ 30%
	available		□ 40%
			□ 50%
	Number of hours the clinic is open		□ 60%
			□ 70%
			□ 80%
			□ 90%
			☐ 100% (Always)
CS3			☐ 0% (Never)
we provide behavioral (non-	Number of hours behavioral health	Counseling provided in person, by	□ 10%
pharmacologic) care for patients	(non-pharmacologic) care for patients	phone, or video for patients with	□ 20%
with substance use disorder.	with substance use disorders is	problem drinking, opioid abuse,	□ 30%
	available	tobacco use.	□ 40%
			□ 50%
	Number of hours the clinic is open		□ 60%
			□ 70%
			□ 80%
			□ 90%
			☐ 100% (Always)





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we provide behavioral (non- pharmacologic) care for patients in crisis or who have urgent behavioral health needs.	Number of hours behavioral health (non-pharmacologic) care for patients with behavioral health crisis or urgent behavioral health needs is availableNumber of hours the clinic is open	Counseling provided in person, by phone, or video for patients in behavioral crisis same day as requested.	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)
we provide behavioral (non-pharmacologic) care for patients with chronic medical conditions or risk factors.	Number of hours behavioral health (non-pharmacologic) care for patients with chronic medical conditions or risk factors is available Number of hours the clinic is open	Counseling, assessment, or coaching provided in person, by phone, or video for patients with chronic conditions such as diabetes, cancer, heart disease, hypertension as well as sedentary lifestyle in otherwise well patients.	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)
CS6 we provide specialized behavioral (non-pharmacologic) therapies for patients with behavioral health needs.	Number of hours specialized behavioral health (non-pharmacologic) care for patients with behavioral health needs is available	Including but not limited to: exposure therapy for anxiety, Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR), Acceptance and Commitment Therapy (ACT), hypnosis	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)







we prescribe medications (not including nicotine replacement therapy) for patients with substance use disorder.	Number of hours pharmacologic care for patients with substance use disorders is available Number of hours the clinic is open	Buprenorphine (Suboxone ^(TM)), methadone, naltrexone (Vivitrol ^(TM)), disulfiram (Antabuse ^(TM)), acamprosate (Campral ^(TM)), naloxone (Narcan ^(TM)).	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)
cs8 we prescribe medications for patients with routine mental health conditions (e.g., anxiety, depression).	Number of hours pharmacologic care for patients with routine mental health conditions is available Number of hours the clinic is open	Antidepressants, anxiolytics.	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)
CS9 we prescribe medications for patients with Serious Mental Illness (SMI) (e.g., psychosis, bipolar disorder).	Number of hours pharmacologic care for patients with Serious Mental Illness (SMI) is available	Antipsychotics, mood stabilizers.	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)

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DOMAIN: PATIENT ENGAGEMENT (EN)

Question: In our practice	Scoring Criteria	Example(s)	Response Options
EN1	_		□ 0% (Never)
we ensure patients who	Number of patients offered		□ 10%
need behavioral health services	behavioral health		□ 20%
are offered them.			□ 30%
	Number of patients who need		□ 40%
	behavioral health		□ 50%
			□ 60%
			□ 70%
			□ 80%
			□ 90%
			☐ 100% (Always)
EN2			□ 0% (Never)
we monitor patient progress	Number of patients monitored	Reassessing symptoms using a valid	□ 10% □ 2004
towards behavioral health goals		measure, such as using the PHQ-9 to	□ 20% □ 20%
they have endorsed.	Number of patients receiving	monitor depressive symptoms.	□ 30% □ 40%
	behavioral health treatment		☐ 40% ☐ 50%
			□ 50% □ 50%
			□ 60% □ 70%
			□ 70% □ 80%
			□ 90%
			☐ 90% ☐ 100% (Always)
EN3			□ 0% (Never)
we reach out whenever patients do	Number of patients we reach out to	Automatic or manual reminder	□ 10% (Never)
not continue behavioral health		systems.	□ 20%
treatment as planned.	Number of patients who did not	Systems.	□ 30%
diodinioni do planilod.	continue behavioral health care as		□ 40%
	planned		□ 50%
			□ 60%
			□ 70%
			□ 80%
			□ 90%
			☐ 100% (Always)

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EN4 we re-evaluate patient need for follow-up among those who previously received behavioral health treatment.	Number of follow-up evaluations Number of patients who previously received behavioral health care	Periodic surveillance with check-in, surveys, calls or visits.	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50%
			☐ 60% ☐ 70% ☐ 80% ☐ 90% ☐ 100% (Always)

PATIENT WORKFLOW (WF)

Question: In our practice	Scoring Criteria	Example(s)	Response Options
WF1			□ 0% (Never)
we actively arrange for external	Number of patients for whom we	Helping patients choose the right	□ 10%
mental health services (non-	arrange service	service, making an appointment for	□ 20%
substance abuse) when needed.		the patient, etc. Do not include	□ 30%
	Number of patients needing external	passive systems such as just giving	□ 40%
	mental health services	the patient a list of possible clinicians.	□ 50%
			□ 60%
			□ 70%
			□ 80%
			□ 90%
			☐ 100% (Always)
WF2			□ 0% (Never)
we actively arrange for external	Number of patients for whom we	Helping patients choose the right	□ 10%
substance use disorder	arrange service	service, making an appointment for	□ 20%
services when needed.		the patient, etc. Do not include	□ 30%
	Number of patients needing external	passive systems such as just giving	□ 40%
	substance use disorder services	the patient a list of possible clinicians.	□ 50%
			□ 60%
			□ 70%
			□ 80%
			□ 90%
			☐ 100% (Always)









WF3 we actively arrange for non-clinical community resources when needed.	Number of patients for whom we arrange service Number of patients needing non-clinical community resources	Helping patients choose the right service, making an appointment for the patient, etc. Do not include passive systems such as just giving the patient a list of possible resources. Include exercise programs, 12-step groups, disability advocates, food or housing services, support groups, vocational rehabilitation, etc. Do NOT include licensed clinicians. Licensed clinicians include psychologists, social workers, counselors, physical therapists, occupational therapists, physicians, registered dieticians, dentists, and others.	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)
WF4 we actively communicate to and from external mental health clinicians (non-substance abuse) for referred patients.	Number of patients with regular active communications Number of patients receiving external mental health services	Regular, two-way exchange of information about visits, medications, assessments, lab results, diagnoses, etc. via any route (e.g., shared records, letters, calls).	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)
WF5 we actively communicate to and from external substance use disorder clinicians for referred patients.	Number of patients with regular active communications Number of patients receiving external substance use disorder services	Regular, two-way exchange of information about visits, medications, assessments, lab results, diagnoses, etc. via any route (e.g., shared records, letters, calls).	□ 0% (Never) □ 10% □ 20% □ 30% □ 40% □ 50% □ 60% □ 70% □ 80% □ 90% □ 100% (Always)







WF6			☐ 0% (Never)
we share patients' goals among all	Number of behavioral health patients	Goals may include returning to work,	□ 10%
the relevant team members.	with shared goals	increasing physical activity, quitting	□ 20%
		smoking, etc. (Goals must be	□ 30%
	Number of patients who have	endorsed by the patient. Those	□ 40%
	endorsed behavioral goals	imposed without the patient's	□ 50%
		knowledge or agreement do not	□ 60%
		count). Sharing goals may include	□ 70%
		team meetings, documentation in the	□ 80%
		chart (in the problem list, treatment	□ 90%
		plan, etc.) or other communications.	☐ 100% (Always)

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